

NORTHSIDE SENIOR CENTER

August 2023

SUMMER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 10:00 Exercise	1 1:00 BINGO 12:30 Bridge	2 10:00 Exercise 1:00 Queenagers	3 11:00 Card Group 1:30 loteria	4 10:00 Exercise 1:00 PM Bingo	5
6	7 10:00 Exercise	8 1:00 BINGO 12:30 Bridge	9 10:00 Exercise 10:30-11:30 Angels Blood pressure check 1:00 Queenagers	10 11:00 Card Group 1:30 loteria	11 10:00 Exercise 1:00 PM Bingo	12
13	14 10:00 Exercise	15 1:00 BINGO 12:30 Bridge	16 10:00 Exercise 1:00 Queenagers	17 11:00 Card Group 1:30 loteria	18 10 AM Exercise 1:00 PM Bingo	19
20	21 10:00 Exercise	22 1:00 BINGO 12:30 Bridge	23 10:00 Exercise 10:30-11:30 Angels Blood pressure check 1:00 Queenagers	24 9-11 Health Fair 11:00 Card Group 1:30 loteria	25 10:00 Exercise 1:00 PM Bingo	26
27	28 10:00 Exercise	29 1:00 BINGO 12:30 Bridge	30 10:00 Exercise 1:00 Queenagers	31 11:00 Card Group 1:30 loteria	1	2
3	4	Notes				
		ANNUAL HEALTH FAIR AUGUST 24TH 9:AM TO 11:00AM				